

# Packing list

(Updated: April 24, 2006)

## *Clothing*

As always, layers are critical, but you can expect temperatures to be **warm** to **hot**. The main goal of your clothing selections should be **comfort**. You should plan on outfits you can wear more than once. While festive colors would be exciting to the locals, muted colors are preferable. Still, that's no rule. Do you as you please, but be prepared to face the consequences of standing out.

Your outfits should **include** or **be able to form** the following combinations:

- Moderately dressy, while remaining comfortable. Think afternoon semi-formal. Cocktail-type outfit
- Outerwear for wind/rain
- Be able to cover shoulders at a moment's notice
- Skirts or shorts are fine, by your preference, but the ability to fully cover the legs with pants or a longer skirt (with forewarning) is necessary
- Extremely comfortable, breathable footwear, suitable for significant walking, but not necessarily under load
- You'll probably care for sandals or flip flops on occasion
- Swim suit, though I cannot guarantee its use, only the potential for it
- Perhaps a hat for sun purposes, if you like
- The quantity of socks to match a nine day trip—nine pair
- Whatever you need in the way of unmentionables

## *Luggage*

Though absolute mobility would be convenient, we will not be “backpacking” per se. Still, the lighter you pack and the easier it is to pick up and move your stuff, the better.

You'll need at least:

- A day pack that is very comfortable, lockable, and accommodates your day-trip needs (It should fit your camera(s), a guide book, water, and a bit more, especially if shopping). It need not necessarily be a backpack, but rather could be a satchel. Your preference
- A small satchel/purse for short trips from the lodgings, that could hold a point-and-shoot camera in a pinch, a journal, maybe a guide book, but not necessarily all at the same time. Think no larger than my black one.
- A larger suitcase or backpack. Think your rolling suitcase, but not your big rolling suitcase. But rolling isn't a necessity by any means. Rather, a large backpack is probably slightly more mobile. But nothing massive

## ***Travel accessories***

As for the little things, you may want to add to this list. But here are some miscellaneous items that will be useful to you:

- Your journal
- A camera or two, with all of their minimum mandatory cordage and accessories, including tapes or other removable media
- Some reading material I will provide down the line
- A travel wallet, if you are into that kind of thing. I personally don't care for them. Front-pocketing generally suits my needs. But if your clothing selection includes no pockets, you may need something to carry small funds about for the purchasing of trinketry, drinks and foodstuffs
- Sunglasses
- Some organizational elements for keeping the contents of your larger bag easily accessible
- Some type of folder or small case for copies of travel documents, itineraries and/or maps
- The usual travel medications

## ***Toiletries***

This is going to be your area; I'll be brief.

- I don't know anything about makeup, so select the bare minimum of what you feel you need. You will, on occasion, be exposed to high society. But don't bring that whole sack of stuff
- Contact solution/case
- Hand sanitizer
- Sunscreen
- Shampoo (**not** seven varieties), conditioner (again, **not** seven varieties)
- Toothpaste, brush
- Soap/body wash
- You get the picture